## 1 Proximal operators

We will now introduce the concept of proximal operators, which will motivate new methods and, in some sense, generalize previous discussions about, for example, projections.

Definition 1 (Proximal operator). For a convex function $f: \mathbb{R}^{n} \rightarrow R^{n} \cup\{\infty\}$ we define its proximal operator $\operatorname{prox}_{f}: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ through the rule

$$
\begin{equation*}
\operatorname{prox}_{f}(x) \triangleq \underset{u}{\arg \min }\left\{f(u)+\frac{1}{2}\|u-x\|^{2}\right\}, \tag{1}
\end{equation*}
$$

for any $x \in \mathbb{R}^{n}$.
The defining rule of $\operatorname{prox}_{f}$ in (1) is well-defined since $f$ convex implies that $f(u)+\frac{1}{2}\|u-x\|^{2}$ is strongly convex, which ensures that $\operatorname{prox}_{f}(x)$ exists and is unique (i.e., is single-valued). Calling it a proximal operator originates from the term $\frac{1}{2}\|u-x\|_{2}^{2}$ forcing $u$ to be in the proximity of $x$.

### 1.1 Canonical examples

To build some intuition for prox $_{f}$ we give two canonical examples: First we consider the case when $f$ is a quadratic, which highlights the regularizing properties of prox $_{f}$; then we consider the case when $f$ is an indicator function, which highlights the projective properties of $\operatorname{prox}_{f}$.

Example 1: Consider the convex quadratic function $f(x)=\frac{1}{2}\langle x, Q x\rangle+\langle b, x\rangle$, that is, $Q$ is psd. In this case its proximal operator takes the closed form

$$
\begin{align*}
\operatorname{prox}_{f}(x) & =\underset{u}{\arg \min }\left\{\frac{1}{2}\langle u, Q u\rangle+\langle b, u\rangle+\frac{1}{2}\|u-x\|_{2}^{2}\right\} \\
& =\underset{u}{\arg \min }\left\{\frac{1}{2}\langle u,(Q+I) u\rangle+\langle b-x, u\rangle\right\}  \tag{2}\\
& =(I+Q)^{-1}(x-b),
\end{align*}
$$

where we have used that $\|u-x\|_{2}^{2}=\|u\|_{2}^{2}+\|x\|^{2}-2\langle x, u\rangle$ in the second equality, and that $(I+Q)^{-1}$ exists in the third equality since $Q \succeq 0 \Longrightarrow(I+Q) \succ 0$.

Example 2: Consider the indicator function $f(x)=\delta_{C}(x)=\left\{\begin{array}{ll}0 & \text { if } x \in C \\ \infty & \text { if } x \notin C\end{array}\right.$, where $C$ is a closed and convex set. In this case the proximal operator becomes a projection:

$$
\begin{align*}
\operatorname{prox}_{f}(u) & =\underset{u}{\arg \min }\left\{\delta_{C}(u)+\frac{1}{2}\|u-x\|_{2}^{2}\right\} \\
& =\underset{u \in C}{\arg \min }\left\{\frac{1}{2}\|u-x\|_{2}^{2}\right\}  \tag{3}\\
& =P_{C}(x) .
\end{align*}
$$

### 1.2 Equivalent characterizations

Theorem 2 (Equivalent charcterizations of $\operatorname{prox}_{f}$ ). Let $f: \mathbb{R}^{n} \rightarrow \mathbb{R} \cup\{\infty\}$ be convex and closed. Then the following are equivalent:
(i) $u=\operatorname{prox}_{f}(x)$
(ii) $x \in(I+\partial f) u$
(iii) $\langle u-x, y-u\rangle \geq f(u)-f(y) \quad \forall y$

Proof. $(i) \Longrightarrow(i i)$ : Using the definition of $\operatorname{prox}_{f}$ and Fermat's rule (i.e., that $0 \in \partial \phi(x)$ is a necessary and sufficient condition for $x$ to be the minimizer to a convex function $\phi$ ) yields

$$
\begin{equation*}
0 \in \partial\left(f(u)+\frac{1}{2}\|u-x\|_{2}^{2}\right)=\partial f(u)+u-x=(I+\partial f) u-x \Leftrightarrow x \in(I+\partial f) u . \tag{4}
\end{equation*}
$$

$(i i) \Leftrightarrow(i i i)$ : Rewriting (ii) as $x-u \in \partial f$ and using the subgradient inequality yields

$$
\begin{equation*}
f(y) \geq f(u)+\langle x-u, y-u\rangle, \quad \forall y \Leftrightarrow\langle u-x, y-u\rangle \geq f(u)-f(y), \quad \forall y \tag{5}
\end{equation*}
$$

Note that property (ii) can alternatively be written as $\operatorname{prox}_{f}(x)=(I+\partial f)^{-1} x$, which is similar to the closed-form derived in Example 1 for a quadratic function.

## 2 The proximal point algorithm

Proximal operators can be used to derive a simple algorithm for solving $\min _{x} f(x)$ :

```
Algorithm 1 The proximal point algorithm (PPA)
Input: \(x_{0}\), rule for selecting \(\alpha_{k}>0\)
Output: \(\approx x^{*}\)
    \(k \leftarrow 0\)
    repeat
        \(x_{k+1} \leftarrow \operatorname{prox}_{\alpha_{k} f}\left(x_{k}\right)\).
        \(k \leftarrow k+1\)
    until termination criterion satisfied
```

Note that although Algorithm 1 is simple to formulate, $\operatorname{prox}_{f}$ is generally difficult to evaluate for an arbitrary $f$.

If $f$ is differentiable, it follows from (ii) in Theorem 2 that an iteration in Algorithm 1 takes the form

$$
\begin{equation*}
x_{k+1}=x_{k}-\alpha_{k} \nabla f\left(x_{k+1}\right) . \tag{6}
\end{equation*}
$$

This is reminiscent of an iteration in gradient descent, except that the gradient is evaluated in $x_{k+1}$ rather than in $x_{k}$, making (6) an implicit rule. For those familiar with integration of differential equations, this is analogous to the forward Euler method (GD) vs the backward Euler method (PPA).

### 2.1 Convergence

Before deriving the convergence rate of Algorithm 1, we show that it is a descent method.
Lemma 3 (Descent in PPA). If $\alpha>0$ in Algorithm 1, the iterates are monotonically decreasing w.r.t. to $f$. That is, $f\left(x_{k+1}\right) \leq f\left(x_{k}\right)$.

Proof. By letting $x_{k+1}=\operatorname{prox}_{\alpha_{k} f}\left(x_{k}\right)$ and $y=x_{k}$ in the inequality (iii) in Theorem 2 we get

$$
\begin{align*}
\left\langle x_{k+1}-x_{k}, x_{k}-x_{k+1}\right\rangle \geq \alpha_{k}\left(f\left(x_{k+1}\right)-f\left(x_{k}\right)\right) & \Leftrightarrow \\
-\left\|x_{k+1}-x_{k}\right\|_{2}^{2} \geq \alpha_{k}\left(f\left(x_{k+1}\right)-f\left(x_{k}\right)\right) & \Leftrightarrow  \tag{7}\\
f\left(x_{k+1}\right)-f\left(x_{k}\right) \leq \frac{\left\|x_{k+1}-x_{k}\right\|_{2}^{2}}{\alpha_{k}} \leq 0, &
\end{align*}
$$

where we, in fact, have strict descent if $x_{k+1} \neq x_{k}$, i.e., if $x_{k}$ is not a fixed-point to $\operatorname{prox}_{\alpha_{k} f}$.
The strict descent in PPA as long as $x_{k}$ is not a fixed-point motivates the common termination rule of terminating when $x_{k+1} \approx x_{k}$.

We are now ready to derive the converge rate for Algorithm 1.
Theorem 4 (Convergence of PPA). Let $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$ be convex and closed and denote $x^{*} \in \arg \min _{x} f(x)$ and $f_{*}=f\left(x^{*}\right)$. Then the iterates in Algorithm 1 satisfy

$$
\begin{equation*}
f\left(x_{k+1}\right)-f_{*} \leq \frac{\left\|x_{0}-x^{*}\right\|_{2}^{2}}{2 \sum_{i=0}^{k} \alpha_{i}} . \tag{8}
\end{equation*}
$$

Proof. By letting $x_{k+1}=\operatorname{prox}_{\alpha_{k} f}\left(x_{k}\right)$ and $y=x^{*}$ in inequality (iii) in Theorem 2 we get

$$
\begin{equation*}
\left\langle x_{k+1}-x_{k}, x^{*}-x_{k+1}\right\rangle \geq \alpha_{k}\left(f\left(x_{k+1}\right)-f_{*}\right) \tag{9}
\end{equation*}
$$

Using the identity $\langle a, b\rangle=\frac{1}{2}\|a+b\|_{2}^{2}-\frac{1}{2}\|a\|_{2}^{2}-\frac{1}{2}\|b\|_{2}^{2}$ and reordering terms yield

$$
\begin{equation*}
\frac{1}{2}\left\|x_{k+1}-x^{*}\right\|_{2}^{2}+\alpha_{k}\left(f\left(x_{k+1}\right)-f_{*}\right)+\frac{1}{2}\left\|x_{k+1}-x_{k}\right\|_{2}^{2} \leq \frac{1}{2}\left\|x_{k}-x^{*}\right\|_{2}^{2} \tag{10}
\end{equation*}
$$

Since $\left\|x_{k+1}-x_{k}\right\|_{2}^{2} \geq 0$ we get $\frac{1}{2}\left\|x_{k+1}-x^{*}\right\|_{2}^{2}+\alpha_{k}\left(f\left(x_{k+1}\right)-f_{*}\right) \leq \frac{1}{2}\left\|x_{k}-x^{*}\right\|_{2}^{2}$, and telescoping this inequality from iteration 0 to iteration $k$ gives

$$
\begin{equation*}
\sum_{i=0}^{k} \alpha_{i}\left(f\left(x_{i+1}-f_{*}\right)\right) \leq \frac{1}{2}\left\|x_{0}-x^{*}\right\|_{2}^{2} \tag{11}
\end{equation*}
$$

Finally, from the descent property in Lemma 3 we have that $f\left(x_{k+1}\right) \leq f\left(x_{i+1}\right)$ for all $i \leq k$. Hence, we have that $\left(f\left(x_{k+1}\right)-f_{*}\right) \sum_{i=0}^{k} \alpha_{i} \leq \sum_{i=0}^{k} \alpha_{i}\left(f\left(x_{i+1}\right)-f_{*}\right)$, which inserted into (11) yields

$$
\begin{equation*}
f\left(x_{k+1}\right)-f_{*} \leq \frac{\left\|x_{0}-x^{*}\right\|_{2}^{2}}{2 \sum_{i=0}^{k} \alpha_{i}} \tag{12}
\end{equation*}
$$

At a first glance, the result in Theorem 4 seem to imply that the rate of convergence can be arbitrary fast by letting $\alpha_{k} \rightarrow \infty$. Theoretically, this is correct, although closer inspection reveals practical limitations. By assuming that $\alpha_{k}>0$ we get that $x_{k+1}$ in PPA is given by

$$
x_{k+1}=\operatorname{prox}_{\alpha_{k} f}\left(x_{k}\right)=\underset{u}{\arg \min }\left\{\alpha_{k} f(u)+\frac{1}{2}\left\|u-x_{k}\right\|_{2}^{2}\right\}=\underset{u}{\arg \min }\left\{f(u)+\frac{1}{2 \alpha_{k}}\left\|u-x_{k}\right\|_{2}^{2}\right\}
$$

Hence, if $\alpha_{k} \rightarrow \infty$, evaluating $\operatorname{prox}_{\alpha_{k} f}$ becomes equivalent to solving the original problem $\min _{x} f(x)$. There is, hence, a trade-off in the selection $\alpha_{k}$ : a larger $\alpha_{k}$ leads to faster convergence but harder inner subproblems (since they becomes less regularized).

### 2.2 The proximal gradient method

The PPA is seldom applied in practice directly since evaluating prox ${ }_{f}$ for an arbitrary $f$ is difficult. A related method that more often finds practical application is the proximal gradient method (PGM), which works on problems where the objective function can be split into to two parts as

$$
\begin{equation*}
\min _{x} f(x)+g(x), \tag{13}
\end{equation*}
$$

where $f: \mathbb{R}^{n} \rightarrow \mathbb{R} \cup\{\infty\}$ is closed, convex and smooth and $g: \mathbb{R}^{n} \rightarrow \mathbb{R} \cup\{\infty\}$ is convex and "prox-friendly", in the sense that $\operatorname{prox}_{g}$ is easy to evaluate. The PGM is outlined below.

```
Algorithm 2 The proximal gradient method (PGM)
Input: \(x_{0}\), rule for selecting \(\alpha_{k}>0\)
Output: \(\approx x^{*}\)
    \(k \leftarrow 0\)
    repeat
        \(x_{k+1}=\operatorname{prox}_{\alpha_{k} g}\left(x_{k}-\alpha_{k} \nabla f\left(x_{k}\right)\right)\)
        \(k \leftarrow k+1\)
    until termination criterion satisfied
```

When $g$ is an indicator function for a closed and convex set $C$, i.e., $g=\delta_{C}(x)$, Algorithm 2 simply becomes projected gradient descent. Another important example of when PGM is used is when a term containing $\|\cdot\|_{1}$ is added to the objective function to obtain sparse solutions:

Example 3: Consider the minimization problem (sometimes called a "Lasso-regularized" least-squares problem)

$$
\begin{equation*}
\min _{x} \frac{1}{2}\|A x-b\|_{2}^{2}+\lambda\|x\|_{1}, \tag{14}
\end{equation*}
$$

where $A \in \mathbb{R}^{m \times n}, b \in \mathbb{R}^{m}$ and $\lambda>0$. By letting $f(x) \triangleq \frac{1}{2}\|A x-b\|_{2}^{2}$ and $g(x) \triangleq \lambda\|x\|_{1}$, the proximal operator for $g$ takes the closed-form

$$
\begin{equation*}
\left[\operatorname{prox}_{g}(x)\right]_{i}=\operatorname{sign}\left([x]_{i}\right) \max \left\{\left|[x]_{i}\right|-\lambda, 0\right\}, \tag{15}
\end{equation*}
$$

where $[\cdot]_{i}$ denotes the $i$ th component of a vector. Applying Algorithm 2 to solve (14), hence, results in an iteration consisting of a gradient step with $f$ followed by a soft thresholding according to (15).

